# **Welcome to Madrid**

The Centro Deportivo M 86 (previously the Centro de Natación Mundial 86) was built to host the Swimming World Championships held in 1986. This swimming pool complex is suited to different swimming disciplines and is ideal for numerous sporting events at a local, national and international level.

The complex houses two Olympic pools, one indoor and one outdoor, a dive pool covered by a designer dome, as well as other complementary pools and annex facilities. In 2004 it also hosted the European Swimming Championships.

In terms of fitness activities, the centre has several gyms and multipurpose sports halls for pilates, aerobics, toning, spinning, military training, zumba, personal training, physical conditioning and express 30 minute training sessions led by professionals from Centro Deportivo M86.



Services

Image

Image

Indoor pool

# Address

Calle de José Martínez de Velasco, 3 28007

**Telephone** (+34) 91 409 10 26

Web http://www.m86.es/

Metro Sainz de Baranda (L6, L9)

### Cercanías (local train)

**Tourist area** Otros

## Fax

Email m86@fmn.es

**Bus** 2, 15, 30, 56, 143, 156, 215, N8

#### **BiciMAD bike-share scheme**

Docking station: Sainz de Baranda (calle Doctor Esquerdo, 99)

### Times

Sports Facilities Opening Times:

Mon - Fri: 8.30am – 10pm; Sat - Sun: 9am – 1pm

Summer pool. Check exact times on official website

For public use check availability

August: closed



Official Toursim Website

**Type** Gyms Swimming pools 📆 | MADRID